

COLORECTAL CANCER SCREENINGS

Why Screening Is Important

Colorectal cancer is the third most common cancer diagnosed in the U.S. Early detection can make a dramatic difference — patients diagnosed at the earliest stage have a 90% survival rate. Screening for colorectal cancer begins at age 45, per ACA guidelines. Individuals at average risk can choose a colonoscopy every 10 years or a FIT (Fecal Immunochemical Test) every year thereafter. Whether you choose a colonoscopy or a FIT, taking action is key to protecting your health.

What is a Fecal Immunochemical Test “FIT”?

A FIT is a simple, at-home screening that detects hidden blood in your stool — a possible early sign of colorectal cancer. No special diet or medication changes are required. Annual screening is recommended for average-risk individuals.

Who is Eligible?

- All employees, regardless of age and enrollment in the medical plan, are eligible to order an Insure ONE FIT kit with Quest Diagnostics at the annual health fair held in May by following the instructions on this page. The Insure ONE kit is covered 100% by Archer.
- After the health fair, employees and spouses enrolled in Archer’s medical plan can access colorectal cancer screenings based on the age guidelines:
 - **Age 45 or older***: Contact your primary care provider to discuss screening options. Your provider can order a preventive FIT or schedule a preventive colonoscopy through the medical plan. Both options are covered at 100% as preventive under the health plan, per ACA guidelines.
 - **Under age 45**: Order an Insure ONE FIT kit directly through Quest Diagnostics by following the instructions on this page. The Insure ONE kit is covered at 100% by Archer.

* Per the ACA, a preventive colonoscopy is covered starting at age 45 and every 10 years thereafter. A FIT is recommended and covered once every year beginning at age 45. Both are covered 100% when seeing an in-network provider. If a diagnosis is made after a routine exam (e.g., polyp removal), only the exam is covered as routine care; related charges are covered as they would be for any other illness.

How to Order an Insure ONE FIT Kit via Quest:

1. Visit My.QuestForHealth.com
2. If you already have an account:
 - Log in with your username and password
3. If you are new to the site:
 - Under “**Create Account**”, enter Registration Key **A&G26** and select “**Register Now**”
 - Under “**Confirm Eligibility**,” enter the prompted information
 - Create a username and password
4. After logging in or registering:
 - You will arrive at your dashboard
 - Navigate to the **Colorectal Cancer Screenings** section and select **Order Kit**
 - Review and confirm your mailing address for shipping, then select **Confirm**

Results will be available online approximately 5 days after the lab receives the kit. Mailed results will be sent within 2-3 weeks. Please be sure to discuss your results with your provider as soon as they are received, especially if they are positive. If you have any questions about the Insure ONE kit, please call Quest Diagnostics at **855.623.9355**.



Disclaimer: Individuals should consult their healthcare provider to determine which screening test is best for them. Screenings through the medical plan are subject to age restrictions and eligibility requirements. Please see your plan document for details.