

NEW! TELADOC BENEFIT

Teladoc Behavioral Health

You MUST be enrolled in an Archer & Greiner medical/prescription drug plan to use Teladoc.

Take Care of Your Mind — Anywhere, Anytime!

Effective May 1, 2026, enrolled employees and dependents can access the Teladoc Behavioral Health Program — a fast, convenient way to get support for mental health concerns such as anxiety, depression, stress, and more.

Why Try Teladoc Behavioral Health?

- **Fast Appointments:** Connect with a provider in less than 7 days
- **Easy Access:** Phone or video visits from anywhere
- **Expert Help:** Support for anxiety, depression, and more
- **Personalized Care:** Get a plan tailored for you
- **Second Opinions:** Extra peace of mind on your diagnosis or treatment

How It Works:

1. **Schedule a Visit:** Log in to Teladoc and request a behavioral health appointment
 - If you do not have an account, follow the instructions on the right-hand side of this flyer to set up your account
2. **Connect With a Provider:** Choose phone or video — whatever works for you!
3. **Get Support:** Receive expert guidance, treatment, and follow-up care

Remember: Mental health matters! Teladoc Behavioral Health is here to help you feel your best — wherever you are. Visit teladoc.com or call **800.835.2362**.



SET UP YOUR ACCOUNT TODAY!

- Visit teladoc.com and click “**Register Now**” (have your Meritain ID card available)
- Enter your information exactly how it appears on your Meritain member ID card
- Follow the directions online to complete account setup and to provide your medical history

TIP: Set up your account now, so you are ready to access care quickly when you need it! If you are a new enrollee, you will be able to set up your account once you receive your Meritain member ID card.

Member Cost Share Per Visit:

- **HDHP:** \$10 per visit up to the plan’s out-of-pocket maximum (deductible does not apply)
- **Standard POS Plan:** \$10 per visit up to the plan’s out-of-pocket maximum (deductible does not apply)

Members can access Teladoc services by phone, online, or through the app. Scan the QR code to download the Teladoc app!

